Wrapping up 2020 and Looking to 2021

Hello VDHA members! Wishing you a happy new year and hope that you are all safe, happy, and healthy. 2020 was a year we will never forget. A year of coming together, proving the importance of our profession, and learning to adapt. 2021 will be a year that we push the limits of our profession, heal from the stress of the last year, and learn new things. As the vaccine rolls out, so does hope for the coming year. Do not be afraid to reach out to your local Executive Board with questions or concerns as we continue to fight the COVID-19 pandemic.
Benefits of Membership

As members of VDHA, you already know the inherent benefits of being a part of a professional association. However, ADHA on the national level has benefits beyond an association. These include a continuing education application that keeps track of your CE’s. Insurance coverage includes liability, dental, life, disability, vision, and even pet insurance. A great option for employees of small offices that cannot afford to provide these benefits. ADHA also provides career opportunities through resume building and even a platform to post your resume on. ADHA can also help you locate advanced educational opportunities to further your career. Lastly, ADHA at the state and national level is meant to advocate for you and your patients. Click [here](#) to find out more information.

Spring 2021 Spring CE Series

Fall of 2021 is fast approaching and with that comes license renewals. In the spring, VDHA is sponsoring 2 virtual CE courses. The cost is $20 for members and $25 for non-members before February 25, 2021. The cost will rise to $25 for members and $30 for non-members after. Follow this [link](#) to sign up for the courses.

- **Thursday, March 4th - 6:00 pm - 8:15 pm**
  - Stress Management with Cydney Spohn, M.A.
- **Thursday, April 1st - 6:00 pm - 8:15 pm**
  - Nutritional Counseling at the Dental Visit and Why it is Important with LeaAnne Haney, RDH, CPHDH

SMADHA Corner

The Student Members of the American Dental Hygienists Association (SMADHA) at Vermont Technical College have been busy in the fall of 2020. Students and staff of the VTC Dental Hygiene program donated 450 lb of food to the local food shelf. The current officers are:

- President: Amber Wescott
- President-Elect: Emily Bieber
- Vice President: Tiffany Buongiorne
- Secretary: Kaitlyn Anderson
- Treasurer: Vacant

"Try not to become a man of success, but rather try to become a man of value."

ALBERT EINSTEIN

Access Magazine

As of January 1, 2021, Access will no longer be printed and be digital only. You can access it through your ADHA member portal. November 2020 - December 2020 Stories include:

- ADHA Advocates for Dental Hygienists’ Priority Access to Vaccine When Available
- Effects of the COVID-19 Pandemic on Dental Hygiene Education
- Advocacy in Colorado and Louisiana