

# VDHA Newsletter

Winter 2019 Edition

Happy New Year! I cannot believe another year has come and gone. The VDHA wrapped up 2018 with another successful annual meeting in August and hosted its very first Calcutta. Hosting a Calcutta was an idea we had over two years ago and we worked hard to make it come to life in 2018. We wanted to do something that was a little different and offer the community a chance to come together for a good cause. We ended up raising over \$800 that was split between VTC's Molar Mobile and the community outreach branch of the VDHA.

Looking forward to 2019, here are some of the items on our agenda: several more social events including a sledding event at Sugarbush in March and a future paint and sip TBD. We are also looking into hosting a continuing education class in the southern part of the state this spring. Later events in 2019 will include VDHA's annual meeting in August and another Calcutta in October. On a monthly basis the VDHA hosts a virtual meeting for the board as well as members to connect. This meeting is open to anyone who would like to join. If you are interested please contact me at [bgendreauvdha@gmail.com](mailto:bgendreauvdha@gmail.com).

VDHA President- Brittney Gendreau

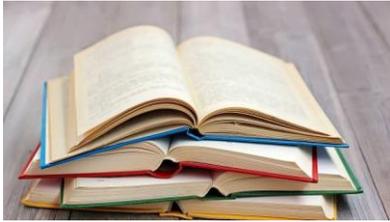
## VDHA Outstanding Hygienist of the Year Award



At the VDHA Annual Meeting in August 2018, Tina Marshall, RDH, M.Ed. received the VDHA Outstanding Dental Hygienist of the Year award. Tina has taught in the Dental Hygiene program at UVM and Vermont Technical College for over 20 years helping to mold students into dental hygiene professionals. She has also been the Student ADHA (SMADHA) group advisor for 15 years, organizing and assisting students with their many fundraising activities and community service projects. In April 2018, Tina traveled with three dental hygiene students and nursing students to Cusco, Peru, providing dental and medical services to people in mountain villages outside of Cusco.

Tina served two terms on the VDHA Executive Board, one as President and one as Co-President. Prior to those positions she served on the VDHA Continuing Education Committee, and the VDHA Membership Committee.

Tina continues to teach full-time in the Dental Hygiene program at VTC, and is planning to participate in a second service learning trip to Peru in April 2019.



### **VDHA Spring Continuing Education**

On Friday May 3<sup>rd</sup>, VDHA will be presenting two excellent continuing education courses that you will not want to miss. The morning course is “What Every Dental Professional Should Know About Your Patient with Hepatitis C and Type II Diabetes”, presented by Dr. Maureen Archer- Festa and associate professor at the City College of New York.

The afternoon course is “Your Patient With Sleep Apnea” presented by Dr. Elizabeth Walker an expert in the field of TMJ, Sleep Therapy and Airway Orthodontics who practices in Williston, VT.

Both courses will be presented at the Vermont Technical College. Additional information will be emailed in the near future.

VDHA is also hoping to offer a CE course in Brattleboro this spring. More information on this course will be sent soon.

### **13<sup>th</sup> Vermont Oral Health Conference sponsored by the Vermont Dental Hygienists’ Association**

The Annual Meeting of the Vermont Dental Hygienists’ Association will be held on August 22<sup>nd</sup> and 23<sup>rd</sup>, 2019 at the Hampton Inn, Colchester, VT. The following courses will be presented:

- ***The Human Papilloma Virus and Its Effect on the Oral Cavity*** – presented by Daniel Fram, MD Director of Radiation Oncology Central Vermont Medical Center ***Teledentistry: Pathway to Prosperity*** presented by Patti DiGangi, RDH, BS and Cindy Purdy, RDH, BSDH
- ***A Gingivitis Code Finally: A Game Changer*** presented by Patti DiGangi, RDH, BS
- ***Health Strategies to Avoid Workplace Tragedy*** presented by Cindy Purdy, RDH, BSDH
- ***Medical Emergencies for the Dental Professional*** presented by Paul A. Danielson, DMD

The Annual VDHA Business Meeting will be held on Friday afternoon. There will be many exhibitors and our raffle table with lots of great prizes. Additional information will be emailed in the near future, so mark your calendars for the meeting that no hygienist will want to miss.

## Public Relations

The VDHA appreciates everyone taking time out of their busy schedules to attend events. So far this year the VDHA has set up their usual table at the Trick or Treat event at the University Mall in October. We gave out toothbrushes and toothpaste and had children floss using play dough and egg cartons! On January 4th we participated in the Yankee Patterson Convention. This was a great networking experience!

We are looking forward to a Sledding Party on March 9th. We will meet at Mutha Stuffers in Sugarbush Village at 59 Mountainside Drive, 05674.

Plans for Paint and Sip events in Northern and Southern Vermont in the Spring, so stay tuned for details.

More events to follow!

Please contact Tammy Valadakis for suggestion of events and information about upcoming events happening at [tvaladakisvdha@gmail.com](mailto:tvaladakisvdha@gmail.com) or 802-917-1113 or follow us on Facebook.

Submitted by- Tammy Valadakis, RDH

VDHA Public Relations

*We Hope  
everyone has a  
warm, safe  
winter!*